

Y10 Autumn Term

Being Me in My World

Celebrating Difference

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	2 days
Liberty and safety in my world How I feel when things end How social media affects me, my identity and culture Rated! Risk						Equality: what does it mean to me in the UK Equality in the workspace Multicultural society Power in relationships Challenging inequality						

Y10 Spring Term

Dreams and Goals

Healthy Me

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11
Relationships and goals Me, my goals and my health Work/life balance A healthy balance					My health MOT What protects my health? Extraordinary bodies Extraordinary minds Diseases, treatments and lifestyle choices					

Y10 Summer Term

Relationships

Changing Me

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
Healthy, long-term relationships Love and loss Healthy connections Relationships – Don't believe what you see! Better together?						Changing Society and me Managing change and decision making Gender and sexual identity Gender stereotypes and sexual identity Physical and emotional changes					